



INJECTABLE BODY TREATMENT

Sculptra

Neck	\$1200/ treatment
Arms	\$2400/ treatment
Buttocks	\$500 injection fee + \$425/vial
Hip-Dip	\$1200/treatment
Face	\$750/vial

Hyperdiluted Radiesse + Micro Botox

Neck	\$1200/ treatment
Chest	\$1600/ treatment
Buttocks	\$2600/treatment
Hip-Dip	\$1400/treatment

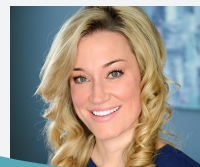


MEREDITH WEST,
PA-C, M.S

Board Certified Physician Assistant

@botoxbymere

Meredith West has worked with Dr. Mountcastle as a PA since 2009, and she specializes in injectables, many surgical procedures as well as minimally invasive endovascular (vein) procedures. She enjoys seeing patients and performing various in-office procedures including Botox, filler and Kybella injections. Transforming patients into the best versions of themselves in a safe and realistic manner is a journey she loves to share with her patients. With more than 10 years of surgical experience, she also enjoys assisting Dr. Mountcastle in outpatient surgeries. She earned a bachelor's degree in science at James Madison University and completed her master's degree in physician assistant studies at Shenandoah University. Meredith is a nationally Board Certified Physician Assistant by the NCCPA. In her free time, she enjoys spending time with her family and traveling.



ASHLEY SCHWAB,
RN, BSN

@botoxbyash

During her time at Mountcastle Plastic Surgery and Vein Institute, Ashley Schwab has served as a part-time pre and post operative nurse with a specialization in sclerotherapy and Botox. She was raised in Ashburn, VA and attended Broad Run High School. After graduating, Ashley obtained a bachelor's degree in public health from James Madison University. Ashley further pursued her education and obtained a bachelor's degree in nursing from Shenandoah University. For over five years, she has performed, taught and mastered cosmetic sclerotherapy for spider veins and now performs Botox and filler injections. Ashley has been employed in several health care settings, but has primarily worked most of her career in critical care. You may find Ashley singing with her band when she is not working, and devoting time to family and friends.



AMY HERRMANN,
RN, CANS, CPSN

Certified Aesthetic Nurse Specialist
Certified Plastic Surgical Nurse

@botoxbyamy

Amy is our Chief Nurse and Director of Aesthetic Nursing. She has been in charge of the Med Spa since 2009.

Amy has performed thousands of sclerotherapy, Botox and filler injections, and facial rejuvenation procedures and has formed a dedicated following. Through the multitude of injections performed, Amy has advanced the practice to Top 250 status with Allergan (exclusive status only awarded to top accounts).

Due to her expertise and passion for facial rejuvenation, Amy enjoys training doctors, physician assistants, and nurses in the Art of Injectables.



MOUNTCASTLE MEDICAL SPA
AND
LASER CENTER

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INJECTABLES



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Juvederm Volite

Volite is an innovative hyaluronic acid gel treatment that unlike the typical dermal fillers works on the condition of the skin to plump and hydrate skin, smoothing out roughness and evening out depressions. Volite is injected into the middle layers of the dermis across various sites to nourish it from the inside out for up to 9 months.

▶ **\$750/syringe**

Juvederm Volux:

A specifically-formulated gel that promises to add volume and restore the chin and jawline for up to 18-24 months.

▶ **\$750/syringe**

Juvederm Ultra

JUVEDERM® Ultra XC is an injectable gel that temporarily adds more fullness and plumps thin lips—whether your lips have thinned over time or you simply want fuller lips. JUVEDERM® Ultra XC is also approved for smoothing and correcting moderate to severe parentheses lines, such as nasolabial folds (smile lines around the nose and mouth), in adults.

▶ **\$650/syringe**

Juvederm Ultra Plus XC®

A smooth-consistency gel comprised of hyaluronic acid, a naturally occurring substance in our skin, to add volume and hydration. Juvederm can be used to treat unwanted lines & wrinkles on the face. The most common areas injected with the gel are "smile lines", "marionette lines", and lips. Lasts 9-12 months.

▶ **\$650/syringe**

Juvederm Voluma XC®

The first FDA-approved filler designed specifically for the cheeks. Voluma instantly adds volume to the cheek area, resulting in a subtle lift to restore natural contours and provide a more youthful profile. Voluma can also be used to add volume to the chin area and to sculpt the jawline, achieving more structured and balanced facial contours.

▶ **\$850/syringe**

Juvederm Volbella®

A hyaluronic acid based injectable gel used to provide subtle and natural lip augmentation and to smooth out fine lines on the lips. Volbella can also be used to smooth fine lines and wrinkles around entire perioral area, including upper lip lines or "smoker's lines. Lasts 6-12 months."

▶ **\$650/1.0cc syringe**

▶ **\$425/ 0.5 cc syringe**

Juvederm Vollure

Juvederm Vollure is a cosmetic hyaluronic acid dermal filler designed to treat mild to moderate wrinkles and folds that form in the lower face, specifically the nasolabial folds and marionette lines. The injection is soft, subtle, and smooth and typically doesn't produce as much swelling as other fillers. It can last up to 18 months in certain patients.

▶ **\$650/syringe**

Kybella

This noninvasive, safe and effective injectable procedure reduces the appearance of submental fat below the chin, commonly referred to as the "double chin. Kybella can also be used to reduce fatty deposits in the jowl area, achieving a more structured jawline.

▶ **\$1,200/treatment**

(Includes two vials - additional vials may be needed to cover larger surface areas. Additional vials are \$240 each.)

NEUROMODULATORS

Botox®, Dysport® & Xeomin®

Relax the appearance of forehead furrows, crow's feet and frown lines for smoother, younger looking skin through a series of tiny injections. Lasts 3-4 months.

▶ **Botox® \$12/unit**

▶ **Dysport® \$12/unit**

▶ **Xeomin® \$12/unit**

CALDERA

Restylane®

A hyaluronic acid based soft tissue filler that is used to treat mild to moderate creases around the mouth, commonly known as marionette lines and nasolabial folds. Restylane is a versatile filler that is also used to add volume to under-eye hollows known as "tear troughs" and thus reducing the appearance of tired-looking eyes. Restylane is also a popular filler for the lips, adding natural enhancement and augmentation. Lasts 6-12 months.

▶ **\$650/syringe**

Restylane® Lyft

Lyft is used in the midface region for loss of volume and cheek enhancement. It is a hyaluronic acid-based filler that has the ability to volumize the cheek area and give a slight lift to the jowls creating a refreshing, youthful look. Lasts 6-12 months.

▶ **\$750/syringe**

Restylane® Silk

Silk is most commonly used in the lips. It is one of the softest forms of Restylane and gives a more natural and subtle lip enhancement. This is also a hyaluronic acid-based filler lasting 6-12 months.

▶ **\$650/syringe**

Restylane® Refyne

A next-generation hyaluronic acid dermal filler designed to help support your skin while keeping you looking like you. Restylane® Refyne is designed with XpresHAn Technology™ to help soften laugh lines (nasolabial folds and marionette lines) (lips).

▶ **\$650/syringe**

Restylane® Defyne

Restylane Defyne is a hyaluronic acid filler that replenishes lost facial volume related to age, weight loss, and other causes. Restylane Defyne is used to: Fill in nasolabial folds, the lines that run from the corners of the nose to the corners of the mouth.

▶ **\$650/syringe**

Restylane Kysse:

Restylane Kysse can subtly enhance the fullness of the lip body and add definition to the border to create soft, natural looking lips. Lips appear revitalized as wrinkles are filled out and also become soft and supple.

▶ **\$650/syringe**

MERZ

Radiesse®

Calcium based filler that immediately corrects moderate to severe facial wrinkles to give you a natural, younger look that lasts. It stimulates the production of new collagen to restore fullness & smooth out the signs of aging. May be used to volumize cheeks and correct deep grooves and wrinkles. Lasts 12-15 months.

▶ **\$750/syringe**

PRP (Platelet Rich Plasma) TREATMENTS:

PRP/PRF** (Platelet Rich Plasma) Hair Loss Treatment

PRP (platelet rich plasma) therapy for hair loss is a three-step medical treatment in which a person's blood is drawn, processed, and then injected into the scalp. Platelet-rich plasma is the most natural method for a safe and easy stimulation of hair growth in underactive hair follicles. The process can be completed in a short amount of time. In the first stage of the treatment, a small amount of blood is drawn, and the red blood cells are isolated from plasma. The PRP is then injected into areas of thinning hair on the scalp. Most PRP therapy requires three treatments 4-6 weeks apart and maintenance treatments may be required every 4-6 months.

\$750/ treatment

PRP/PRF** (Platelet Rich Plasma) Facial with Injections

A blood facial is a minimally-invasive procedure that uses platelet-rich plasma to rejuvenate the skin. Platelet-rich plasma is created by centrifuging a patient's whole blood to separate platelets from red blood cells. The platelet-rich plasma is then injected into the treatment area to encourage collagen production.

\$650/ treatment

Belotero

Belotero is a hyaluronic acid (HA) injectable filler that completely integrates into the skin tissue. While some fillers are designed to rebuild facial volume and structure, Belotero specifically treats moderate-to-severe etched-in lines and wrinkles such as vertical lip lines above and around the lips.

▶ **\$650/syringe**