



V-Y ADVANCEMENT FLAP WOUND CARE INSTRUCTIONS

- Keep incisions clean and dry: ensure appropriate cleaning following urination and/or bowel movements
- Cleanse incisions at least once daily with saline
- No tape is needed, use ABD pads by placing them over incision areas as needed for drainage from the incisions
- JP drain can be removed when drain is putting out 20cc or less per 24 hour period.
- Patient should remain on clinitron bed for approximately 4-6 weeks following surgery
- Position changes/weight shifts every 2 hours while awake
- Suture/Staple removal 4 weeks after the date of surgery (this may be done at facility)
- Follow up in office 4-6 weeks after surgery.