Mountcas Plastic Surgery & Vein Institute

Skin graft

- Follow-up within 3-5 days after your date of surgery
- You will have a wound VAC and dressing over the area where the skin graft was placed until this follow up appointment
- Keep setting @ 125mmHg Continous
- You will NOT need a home health nurse or wound care nurse in the post-op period unless your VAC malfunctions
- If it does malfunction then the canister needs to be changed and new sticky opaque dressings need to be placed to reinforce the wound, this can be attempted on your own or by calling KCI customer service at 1-800-275-4524 for assistance.
- If able to do it in a timely fashion, the home health nurse or wound care nurse at the hospital may be able to handle this function. You can contact your home health nurse or the outpatient wound care center 703-771-2900.
- If the VAC is still malfunctioning, call the office at 703-858-3208.
- The wound vac should stay in place until your follow-up visit 3-5 days after surgery.
- Once the wound vac is removed in the office at your follow-up visit, you should allow the area where skin graft was placed to dry out. Do this by leaving skin grafted area open to air dry for periods of time.
- When clothing or fabric (i.e. bedsheets or anything dry that may stick to the wound) may come in contact with area of skin graft, place non-adherent dressing over skin graft until it is completely dry. Examples of non-adherent dressings are adaptic/xeroform/etc.
- Once the skin grafted area is completely dry, no dressings are necessary.
- You will have a plastic adherent dressing over the area of skin that the graft was taken from (donor site). Leave this in place. There may be some drainage from this dressing so you may want to lay a towel down under that area while you sleep. It may be reinforced with additional dressings as well.

• Two weeks after the date of surgery, you will remove this plastic dressing over the donor site and allow the area to dry out using a blowdryer, fan.

 Do not place clothes or fabric (anything dry that may stick to the wound) over top of the wound until it is completely dry.