



Simple Wounds

- Change dressing based on the amount of drainage from the wound.
- May shower in 24 hours
- Please leave steri-strips in place. (they look like paper band aides) If they happen to fall off before your post op appointment just cover the area with a band aide or leave open to air.
- For instance, if you have a lot of drainage you may need dressing changes three times a day, if you have little drainage you may only need to change dressing once a day
- Change dressings using the following (use only those that are circled):
 - *Silvasorb gel/ Silvadene cream/ Antibiotic Ointment*
 - *Non-stick layer (adaptic, xeroform, etc)*
 - *Dry gauze*
 - *Kerlix (gauze wrap)*
 - *Coban (colored wrap)*

You may take dressing off, shower (but not take a tub bath), and then re-apply clean dry dressing after shower.